

CalFresh Benefits And Immigrants

Call today to get the help you need:

1-(626) 596-4000

or

1-(877) 597-4777

or go to the web at:

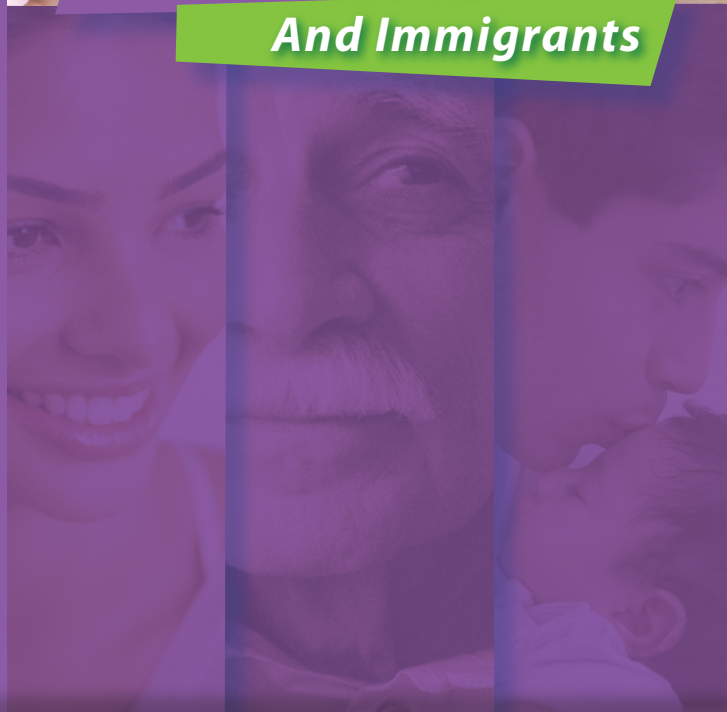
<http://ladpss.org>



CalFresh Nutrition Program
Los Angeles County Department of Public Social Services



***CalFresh Benefits
And Immigrants***



What are CalFresh benefits?

CalFresh benefits help low-income people and families buy and eat nutritious foods to stay healthy. This could be you, your grandparents, your children, or your grandchildren. Some people, many from other countries who are new to the United States, do not make enough money to feed themselves or their families. CalFresh benefits help pay for food so they can eat a healthy diet and stay strong.

Legal immigrants can get CalFresh benefits:

If you are a legal immigrant, you could get CalFresh benefits. Many immigrants who think they cannot get CalFresh benefits can. You could get CalFresh benefits if:

- You do not make much money and do not get SSI/SSP.
- Children of immigrants may be able to get CalFresh benefits even if their parents or grandparents do not qualify.

Getting CalFresh benefits will not hurt your chances for citizenship:

You can get CalFresh benefits and still get a green card. CalFresh benefits are non-cash assistance and do not make you dependent on the U.S. government, or what is called a “public charge.” It will not affect your immigration status, you will not be deported, and it will not hurt your chances of becoming a U.S. citizen. It does not affect your family members, or others in your household.



Your personal information is confidential:

When you apply for CalFresh benefits the information you provide about yourself and your household is confidential and it is not shared with other government agencies like Immigration. This is the law, so you do not need to worry about providing personal information when you apply for CalFresh benefits.

Don't speak English?

It is easy to get CalFresh benefits even if you do not speak English. You can get an application in other languages, you can talk to people on the phone who speak your language, and when you go to a CalFresh benefits office there are people who work there who speak your language and can help you.

How do you get CalFresh benefits?

You can apply for CalFresh benefits at a nearby Department of Public Social Services (DPSS) office, or call on the phone to have an application mailed to you. You can also apply at some schools, community centers, or WIC offices. To find out how and where to apply, call **1-(626) 569-4000** or **1-(877) 597-4777**. You can also get more information on the Internet at <http://ladpss.org> by clicking on Food & Nutrition. You can even find out if you qualify at www.snap-step1.usda.gov.